

In-Text Citations

The AMA uses a numerical superscript format for citing sources. Number the citations in the order presented in the paper. Superscript numbers are placed after quotation marks, commas and periods. They are placed before semicolons and colons.

- + If citing several studies, separate the superscripts by commas.
- + If citing sequential studies, use a dash to indicate the sequence.
- + If citing a source already cited earlier in the paper, use the original number of the superscript.

EXAMPLES

Type 1 Diabetes is a known risk for cardiovascular disease.¹

Several longitudinal studies have evaluated the effects of Type 1 Diabetes and cardiovascular disease.^{2,3}

Research shows decreased mortality due to renal failure in the last 10 years.¹⁻⁷

With Type 1 diabetes, hypertension starts in childhood.^{14,2,15}

Paraphrasing

Paraphrasing is when you, as the researcher, put a passage or idea from another work and into your own words. A paraphrased passage is generally shorter and more condensed than the original. Summarizing is very similar to paraphrasing, in that it also involves putting someone else's ideas into your own words in order to condense the material (and to show that you understand the source material). A summary includes only the main points and/or ideas in a longer passage or entire work.

Paraphrasing is the preferred method when writing in the AMA style.

Example:

Raw food diets are a subset of vegan diets consisting of fruit, berries, vegetables, mushrooms, nuts, seeds, legumes, and cereals.^{2,4,7} Many variants of the raw food diet exist and there is no one definition.⁵ Some articles required that 40%-85% of an individual's total dietary intake contain uncooked foods in order to be considered raw. High plant protein diets did include a small intake of meat products.^{2,3,8}

Direct Quote

A direct quote is taken word-for-word from the original text. Indicate it is a quote by using double quotation marks around the original phrase. The superscript appears after the quotation mark. If a quote is over four lines, use a block quote instead.

Example:

"The basic ideas of a 'living-food' or 'raw food' diets are consuming all or primarily uncooked foods."⁴

Block Quote

If a quote is longer than four lines, it should be off set off in a block indented 1/2 inch from the left margin (5-7 spaces). Do not use quotation marks with block quotes. Include the superscript for the source at the end of the block quote. Typically a single phrase with a colon introduces the block quote.

Example:

It is important to keep in mind:

Raw food diets are extreme dietary regiments that have not been investigated extensively. For those that have been investigated the benefits are still considered controversial. There is also little information about the effect of consuming a raw vegan diet on the immune system. Extra caution is suggested when studying vulnerable populations and assessment of the nutritional adequacy of the diet is most reliably made on a case-by-case basis.⁶